

JUNE 2010
VOLUME 2, ISSUE 2



MARIAN CIRCLE NEWS



MARK YOUR CALENDAR

SCHEDULED MEETINGS

Thursday, September 16

Join us at 7 pm in the Meeting Room

COMING UP...

Prayer for Peace - Rosary Devotion

After Masses, July 17th & 18th

Ladies Night Out

Friday, October 1st

HOPE YOU WILL JOIN US

The Marian Circle is off for the summer and is looking forward to gearing up again when Autumn rolls around. Please join us for our first meeting on September 16 in the Meeting Room at SEAS.

OUR MISSION

The Marian Circle of SEAS gathers with the intent to be Spiritual, Social and Charitable. We strive for a balance in:

- bringing spiritual benefits to our members and contributing to the betterment of the community
- extending our circle of friends
- supporting existing parish programs through our gifts of time and talent

OFFICERS:

Betty Jane Cogar &
Bruni Quinones – *Leaders*
Ruth Ann Sroka – *Secretary*
Joan Seabold – *Historian*
Joanne Gill – *Treasurer*

NEWSLETTER:

Joanne Gill – *Editor*
Debi Grzywna – *Layout & design*

For more information
regarding the Marian Circle,
visit us online at
www.seascolumbiastation.org
or contact the parish office.

LADIES SPRING LUNCHEON -REVIEW

We had a wonderful time on Sunday, May 23 at our Ladies Spring Luncheon. The afternoon opened with our traditional May crowning coordinated by Bruni Quinones. Thank you to Dorothy, Brianna, Jillian, Emma and Cora for helping with the ceremony. We were treated to wonderful soups, salad and desserts while we visited with each other. Teresa Nemeth a Master Gardener from the OSU Agricultural Extension gave a talk on Bird Gardening and explained how the types of trees and water features we choose help attract birds to our yards and parks. Thank you to all the members that made it possible.

ARE YOU AN EBAY GURU?

The Marian Circle has been given a very generous donation of Lennox China to use as part of a fundraiser. We are desperately looking for someone with experience on eBay to help us auction the set. If you or someone you know is willing to help us, please contact the Parish office.

SOW A ROW IN FULL SWING FOR SUMMER

By this time you may have planted an extra row or two in your garden for our neighbors in need. If so, please sign up as a participant in the entryway at SEAS so we can contact you with details as necessary. Please contact the Parish office with questions or leave a message for Cindy Arendash.

IMPORTANCE OF THE FAMILY DINNER TABLE

~from *The National Center on Addiction and Substance Abuse at Columbia University journal, September 2007*

This nation's drug problem is all about kids. A child who gets through age 21 without smoking, abusing alcohol or using illegal drugs is virtually certain never to do so. And no one has more power to prevent kids from using substances than parents. There are no silver bullets; unfortunately, the tragedy of a child's substance abuse can strike any family. But one factor that does more to reduce teens' substance risk than almost any other is parental engagement, and one of the simplest and most effective ways for parents to be engaged in teens' lives is by having frequent family dinners.

TOPICS FOR YOUR TABLE ~taken from *GraceBeforeMeals.com*

For many families, the dinner table is the place where parents and kids recap their busy day or start to plan out tomorrow's packed schedule. However, it can also be a setting where you can discover so much more. Here are just a few questions to get the conversation started:

When you express your ideas or beliefs to someone that doesn't agree with you, do you feel uncomfortable speaking your mind?

Who do you consider part of your "family"?

What qualities do you expect out of an ideal friend?

What is your most memorable meal?

What was the last thing you regret buying?

If you had a chance to bring one person back from the dead, who would it be and why?

What three things do you regret not learning to do?

A GARDEN FOR YOU

HERE IS WHAT YOU NEED FOR YOUR SUMMER GARDEN.

PLANT 3 ROWS OF SQUASH:

1. Squash gossip
2. Squash criticism
3. Squash indifference

PLANT 7 ROWS OF PEAS:

1. Prayer
2. Promptness
3. Perseverance
4. Politeness
5. Preparedness
6. Purity
7. Patience

PLANT 7 HEADS OF LETTUCE:

1. Lets us be unselfish
2. Let us be faithful to duty
3. Let us search the scripture
4. Let us not be weary in well doing
5. Let us be obedient in all things
6. Let us be truthful
7. Let us love one another

NO GARDEN IS COMPLETE WITHOUT TURNIPS:

1. Turn up with a smile, even when things are difficult
2. Turn up with determination to do your best in God's service

author ~ unknown

A FATHER LEO PRAYER:

Loving Father, we thank You for the family gathered around the table, the friends who extend your goodness, the food which nourishes our bodies and the Faith that strengthens our souls. Keep us ever mindful of these blessings, and may this food inspire us to bring these blessings to those who go without family, friends, food and faith.

We ask all of this through Christ our Lord. Amen.